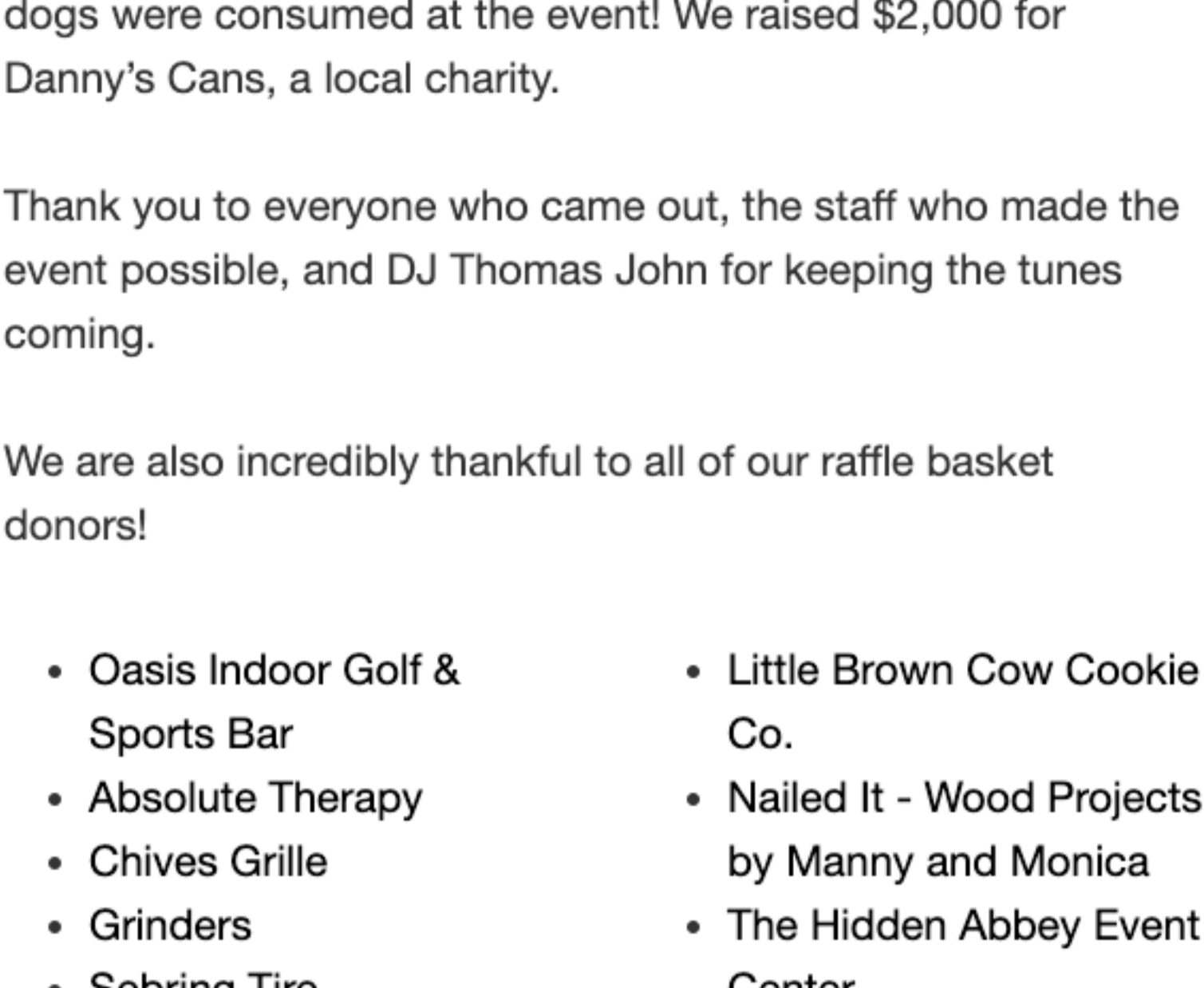




Crandall Medical Center · The Oaks Foundation

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The Copeland Oaks Cruise-in Was a Hit!



Sunday, July 28 was a beautiful day for our annual Cruise-in Car Show! Over 160 cars traveled to our campus, and 990 hot dogs were consumed at the event! We raised \$2,000 for Danny's Cans, a local charity.

Thank you to everyone who came out, the staff who made the event possible, and DJ Thomas John for keeping the tunes coming.

We are also incredibly thankful to all of our raffle basket donors!

- Oasis Indoor Golf & Sports Bar
- Absolute Therapy
- Chives Grille
- Grinders
- Sebring Tire
- The Brickhouse Bar & Grill
- Karen Shaw
- The Log Cabin
- Little Brown Cow Cookie Co.
- Nailed It - Wood Projects by Manny and Monica
- The Hidden Abbey Event Center
- Tina's Attic Creations
- Ruthee Hill with Mary Kay

Congratulations to our trophy winners!

🏆 Furthest Distance Traveled
Stan Kowal - 1963 1/2 Ford Galaxie all the way from Conemaugh, PA

🏆 Oldest Vehicle
Charles Benedetti - 1929 Ford Tudor

🏆 Most Unique
Mariann Miday - 1934 Ford Cabriolet

🏆 Best in Show Pre-1960
Ken & Liz Smith - 1954 Pontiac Chieftain

🏆 Best in Show Pre-1960 Runner Up
Angelo Oddo - 1958 Chevy Delray

🏆 Best in Show Post-1960
Michael & Brenda Navolio - 1970 Oldsmobile Cutlass Six

🏆 Best in Show Post-1960 Runner Up
Josh Everhart - 1968 Pontiac GTO

🏆 Copeland's Choice
Nick Marsili - 1981 DMC-12 DeLorean

We are already looking forward to next year! 🚗

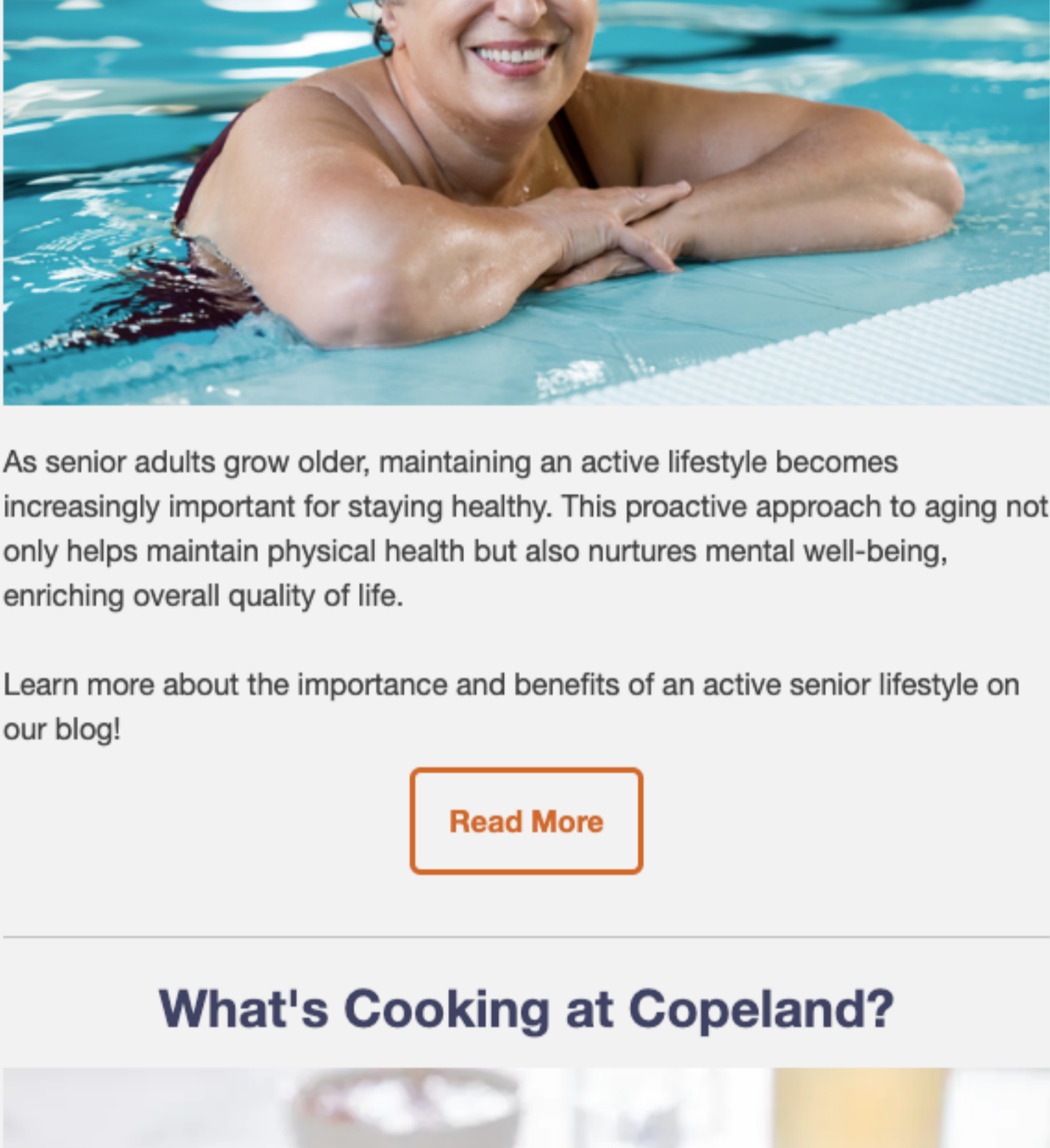


A Fun Backyard BBQ!

Residents gathered and socialized for a Backyard BBQ! They enjoyed music by Leather & Lace Productions, line dancing lessons, and delicious food while taking in the relaxing atmosphere!

Thank you to everyone who made this event possible for our residents.

Upcoming Events - Save the Date!



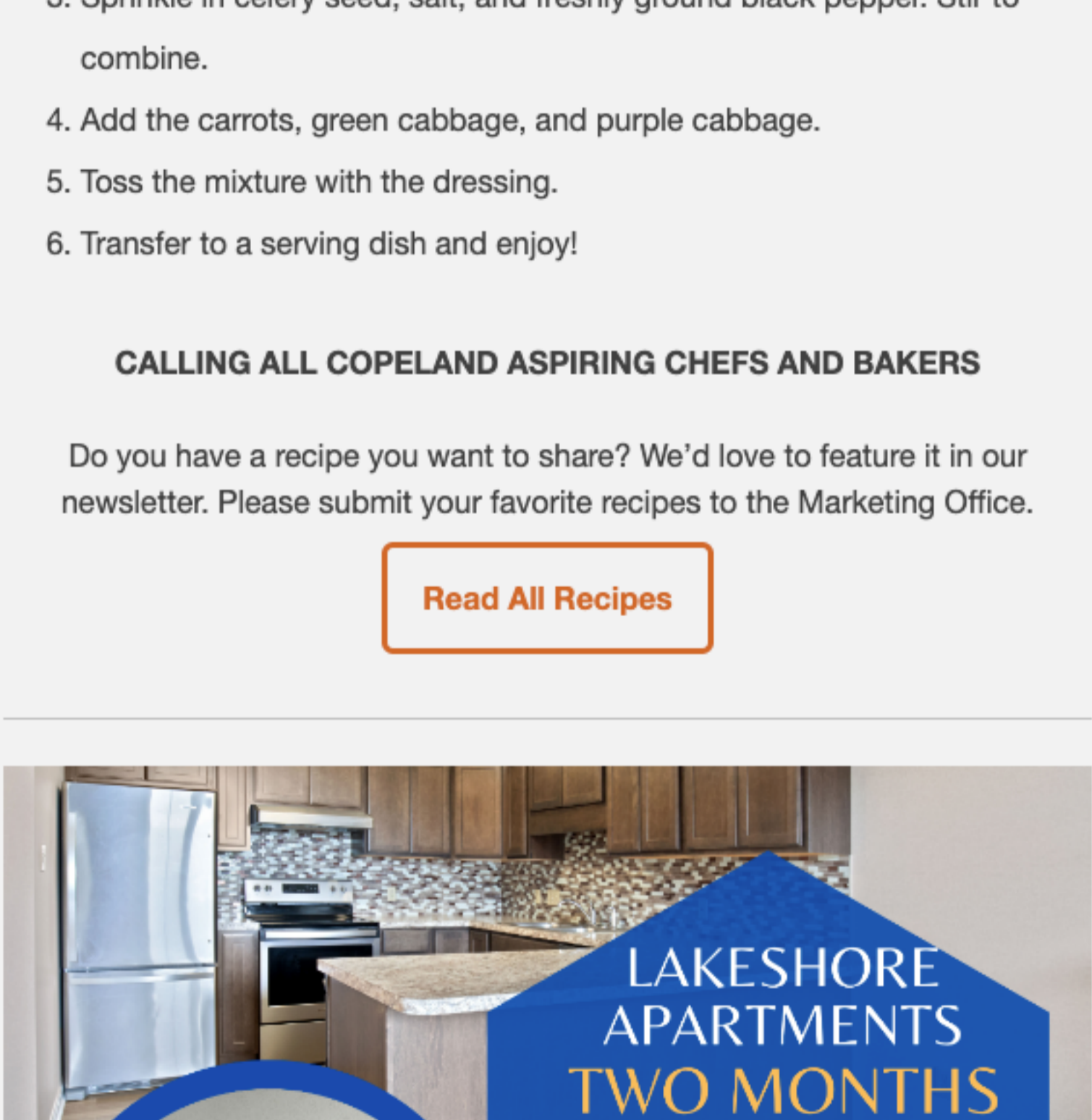
Keep an eye out for these upcoming events:

September 10 - John Hampu Band at 6PM behind Lakeview Terrace

Keep an eye out for fun upcoming events for residents on our event calendar!

[Event Calendar](#)

The Importance of an Active Senior Lifestyle

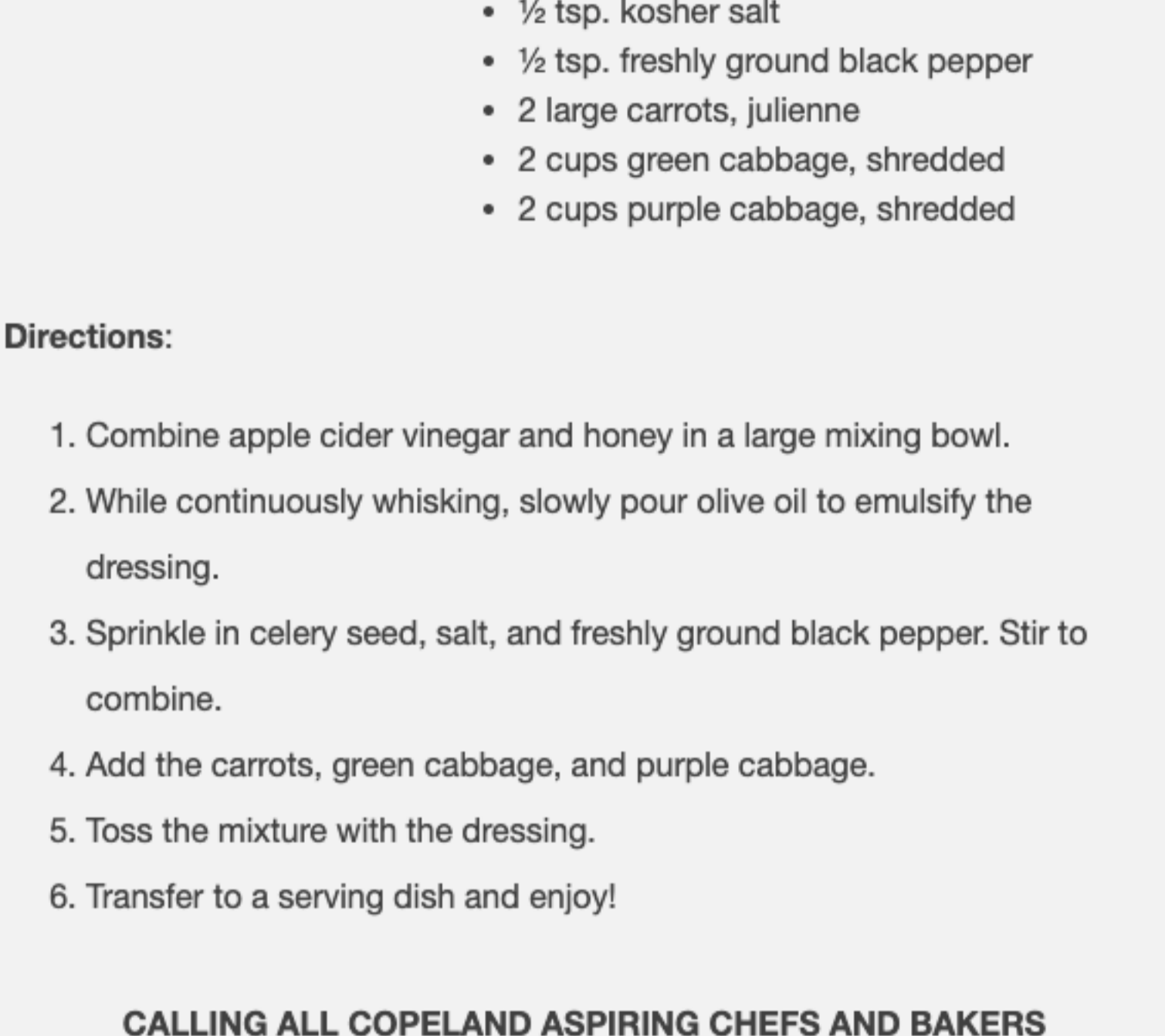


As senior adults grow older, maintaining an active lifestyle becomes increasingly important for staying healthy. This proactive approach to aging not only helps maintain physical health but also nurtures mental well-being, enriching overall quality of life.

Learn more about the importance and benefits of an active senior lifestyle on our blog!

[Read More](#)

What's Cooking at Copeland?



Rainbow Coleslaw

A healthy dish for your Labor Day cookout!

- Ingredients:**
- 2 tbsp. apple cider vinegar
 - 1 tbsp. honey
 - 3 tbsp. extra-virgin olive oil
 - 1 tsp. whole celery seed
 - ½ tsp. kosher salt
 - ½ tsp. freshly ground black pepper
 - 2 large carrots, julienned
 - 2 cups green cabbage, shredded
 - 2 cups purple cabbage, shredded

Directions:

1. Combine apple cider vinegar and honey in a large mixing bowl.
2. While continuously whisking, slowly pour olive oil to emulsify the dressing.
3. Sprinkle in celery seed, salt, and freshly ground black pepper. Stir to combine.
4. Add the carrots, green cabbage, and purple cabbage.
5. Toss the mixture with the dressing.
6. Transfer to a serving dish and enjoy!

CALLING ALL COPELAND ASPIRING CHEFS AND BAKERS

Do you have a recipe you want to share? We'd love to feature it in our newsletter. Please submit your favorite recipes to the Marketing Office.

[Read All Recipes](#)

LAKESHORE APARTMENTS

TWO MONTHS FREE RENT

Commit before December 31, 2024

1 or 2 bedrooms

Updated kitchens

1 or 1 1/2 bathrooms

All utilities and maintenance

Independent lifestyle

Bistro

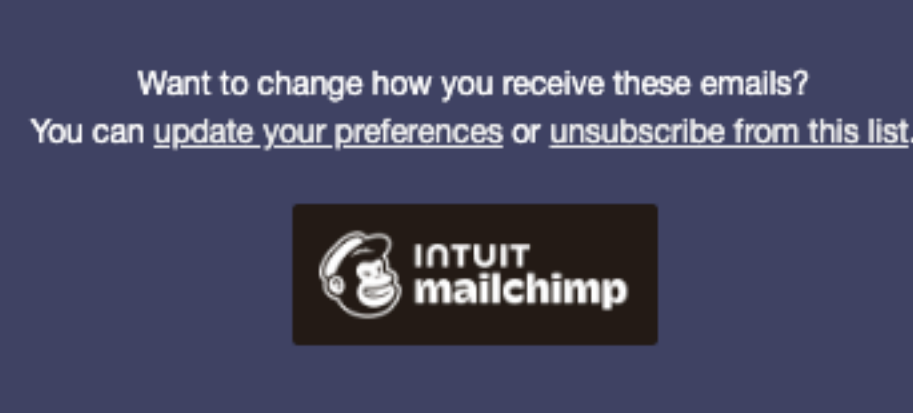
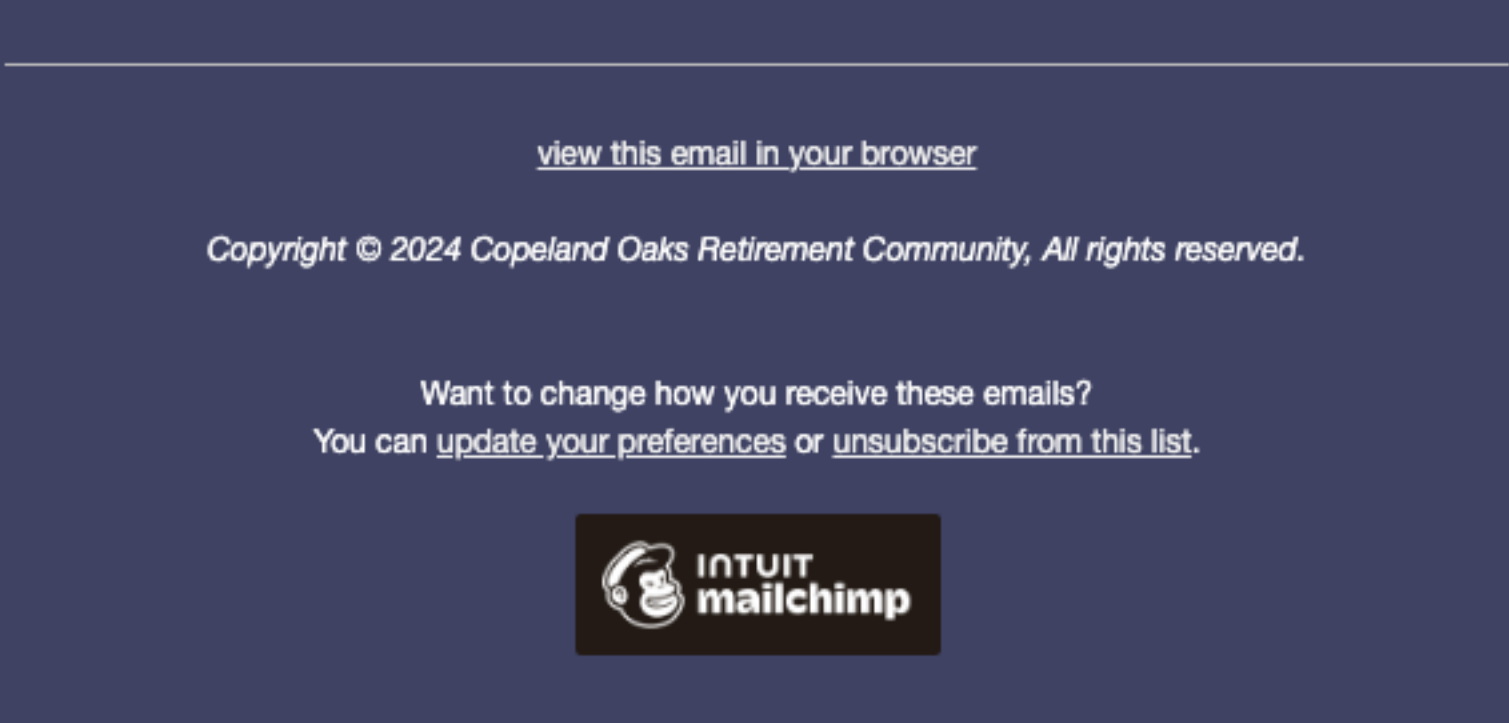
Pool and hot tub

Entertainment

Visit our website CopelandOaks.com or call us at 330-938-6126 to schedule your tour today!

Get two months of free rent if you commit to a Lakeshore Apartment before December 31, 2024!

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Sebring, OH, 44672

Call Us:
330-938-1093

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