



Crandall Medical Center · The Oaks Foundation

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Prom Night at Copeland Oaks



It was a magical prom night at Copeland Oaks!

Our residents danced the night away to the lively tunes of The John Hampu Band. They indulged in a delicious spread prepared by our talented Dietary Department, surrounded by festive decorations from Just For Fun Yard Cards and Balloons.

The highlight was crowning our Prom King Ron and Queen Beverly! Photographer Amanda Mceldowney captured these cherished memories that will stay with our residents forever.

It was truly a night to remember!



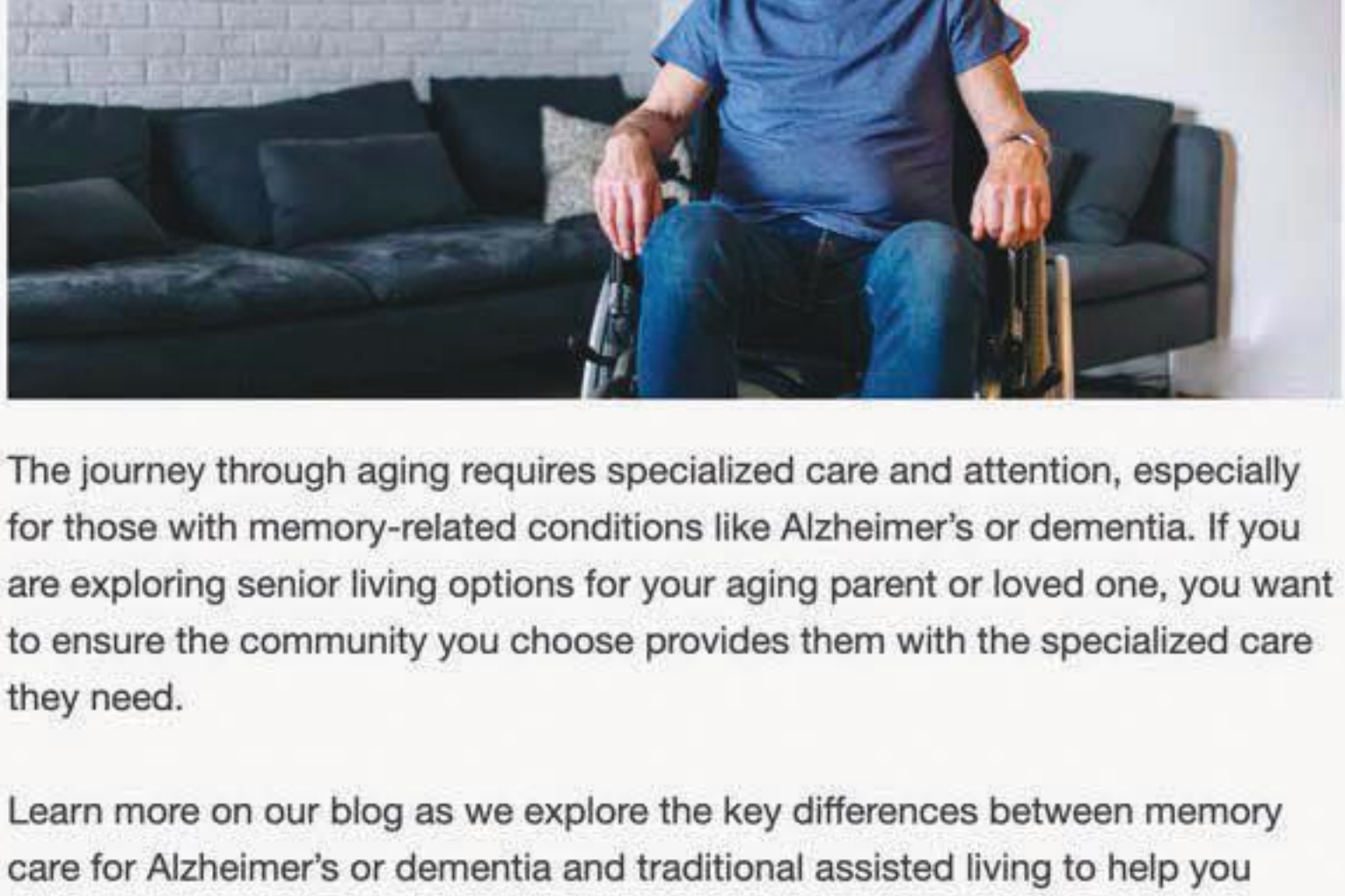
Celebrating Nurses Week May 6 - May 12

Trinette's remarkable journey at Copeland Oaks began 30 years ago when she started as an STNA at Crandall Medical Center. Driven by her passion, she continued her education and graduated from Walsh University with a nursing degree. Today, Trinette is the go-to person at the Health Clinic and the head of Assisted Living.

Her dedication shines through as she goes above and beyond to make residents feel special and well-cared for. Trinette's busy life extends beyond Copeland Oaks, where she is also a devoted mom at home.

Copeland Oaks is truly fortunate to have such an invaluable asset like Trinette, whose unwavering commitment has spanned three decades. We are so lucky to have her!

Upcoming Events - Save the Date!



Keep an eye out for these upcoming events:

- Friday, June 14 - Flag Day Parade
- Thursday, July 25 - Salem Quaker City Band
- Sunday, July 28 - Copeland Cruise-In
- Tuesday, August 13 - Youngstown Area Community Concert Band

We hope to see you at these events. Join in on the fun!

What is the Difference Between Memory Care for Alzheimer's and Assisted Living?



The journey through aging requires specialized care and attention, especially for those with memory-related conditions like Alzheimer's or dementia. If you are exploring senior living options for your aging parent or loved one, you want to ensure the community you choose provides them with the specialized care they need.

Learn more on our blog as we explore the key differences between memory care for Alzheimer's or dementia and traditional assisted living to help you make an informed decision.

[Read More](#)

What's Cooking at Copeland?



Mediterranean Cucumber Salad

Refreshing side dish for any of your BBQs this Summer!

Ingredients:

- 3 cucumbers, medium size
- 1 pint grape tomatoes
- 1 can black olives
- 1 container feta cheese
- ½ red onion
- 2 tbsp olive oil
- 2 tbsp balsamic vinegar
- 1 tsp dried oregano

Directions:

1. Chop the cucumber into even pieces and place in a large salad bowl. If preferred, peel the cucumbers and remove the seeds.
2. Cut the tomatoes into halves or quarters and add them to the bowl.
3. Finely dice the red onion, also adding it to the bowl.
4. If desired, chop or slice the black olives, placing the olives and feta in the bowl with the veggies.
5. In a small bowl, make the dressing by whisking the olive oil, balsamic vinegar, and dried oregano until well mixed.
6. Add the dressing to the vegetable bowl and toss until evenly coated.
7. Cover and chill for 30 minutes to allow the flavors to meld, then serve!

CALLING ALL COPELAND ASPIRING CHEFS AND BAKERS

Do you have a recipe you want to share? We'd love to feature it in our newsletter. Please submit your favorite recipes to the Marketing Office.

[Read All Recipes](#)

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