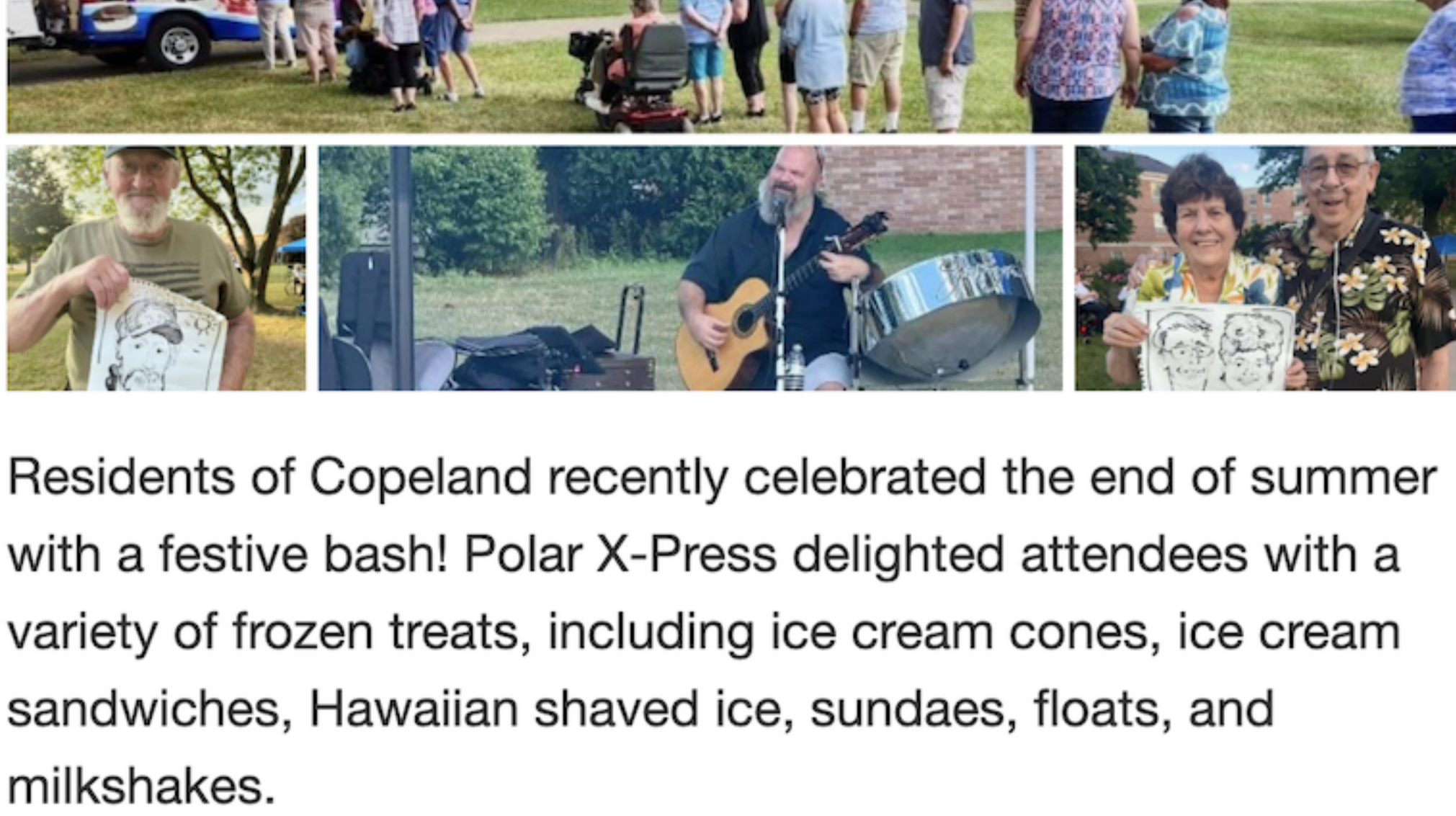




Crandall Medical Center - The Oaks Foundation

[About Us](#) | [Living Options](#) | [Virtual Tour](#) | [Visit Us!](#)

A Copeland Oaks Summer Send-off



Residents of Copeland recently celebrated the end of summer with a festive bash! Polar X-Press delighted attendees with a variety of frozen treats, including ice cream cones, ice cream sandwiches, Hawaiian shaved ice, sundaes, floats, and milkshakes.

Scott Sopata provided the musical entertainment, showcasing his talents on guitar, ukulele, and steel drums. Additionally, caricaturist Bryan Toy offered engaging entertainment for guests.

[See More Event Pictures](#)

Understanding CCRCs: Comprehensive Benefits and Why Copeland Oaks Stands Out



As our loved ones age, it becomes increasingly important to find them a living solution that values both their independence and their evolving health needs. Continuing Care Retirement Communities (CCRCs) offer a blend of independent living, assisted care, and skilled nursing.

Learn more about the comprehensive benefits of a CCRC like Copeland Oaks on our blog!

[Read More](#)

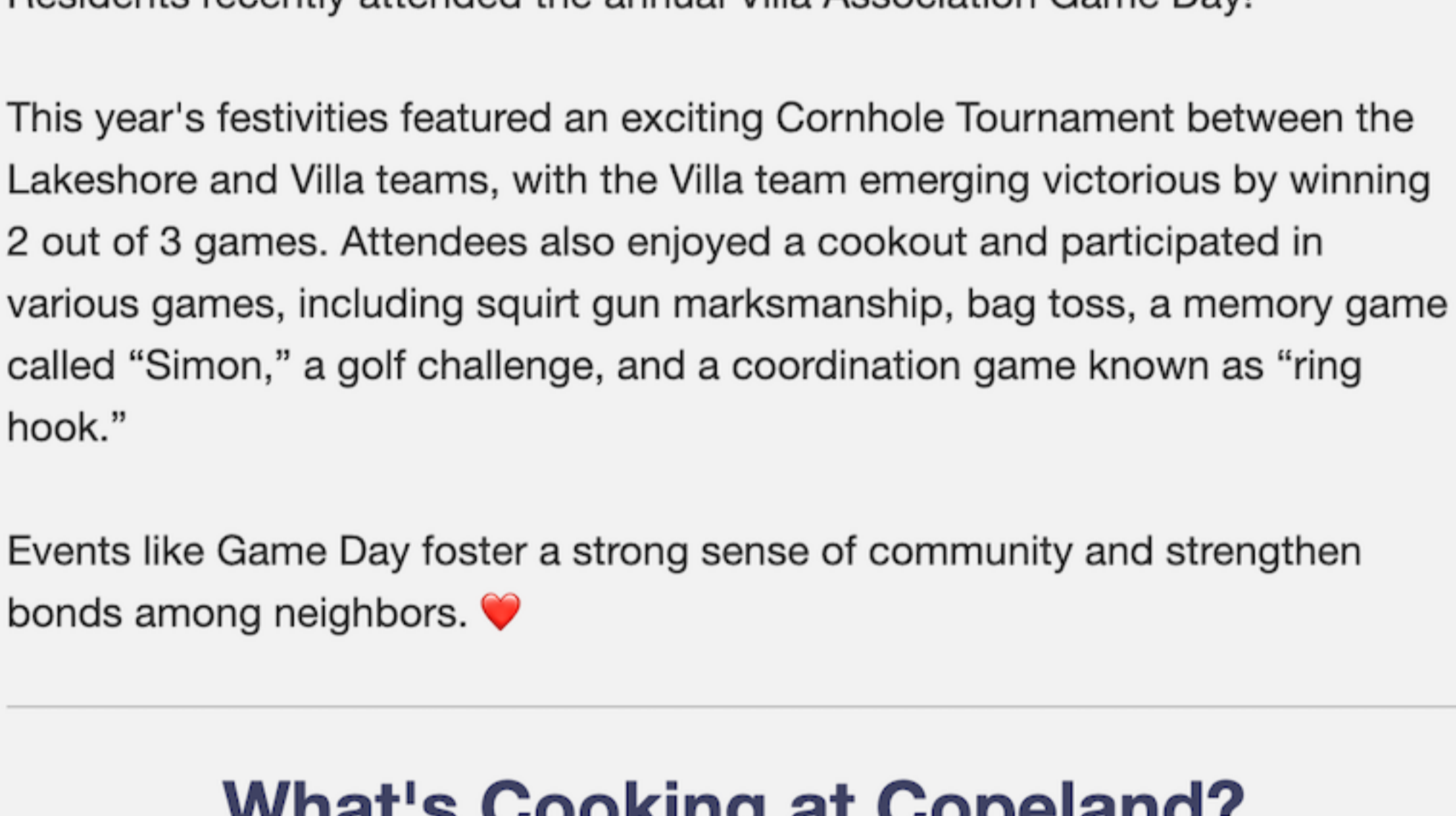
LAKESHORE APARTMENTS
TWO MONTHS FREE RENT
Commit before December 31, 2024

- 1 or 2 bedrooms
- 1 or 1 1/2 bathrooms
- Independent lifestyle
- Pool and hot tub
- Updated kitchens
- All utilities and maintenance
- Bistro
- Entertainment

Visit our website CopelandOaks.com or call us at 330-938-6126 to schedule your tour today!

Get two months of free rent if you commit to a Lakeshore Apartment before December 31, 2024!

[Contact Us](#)



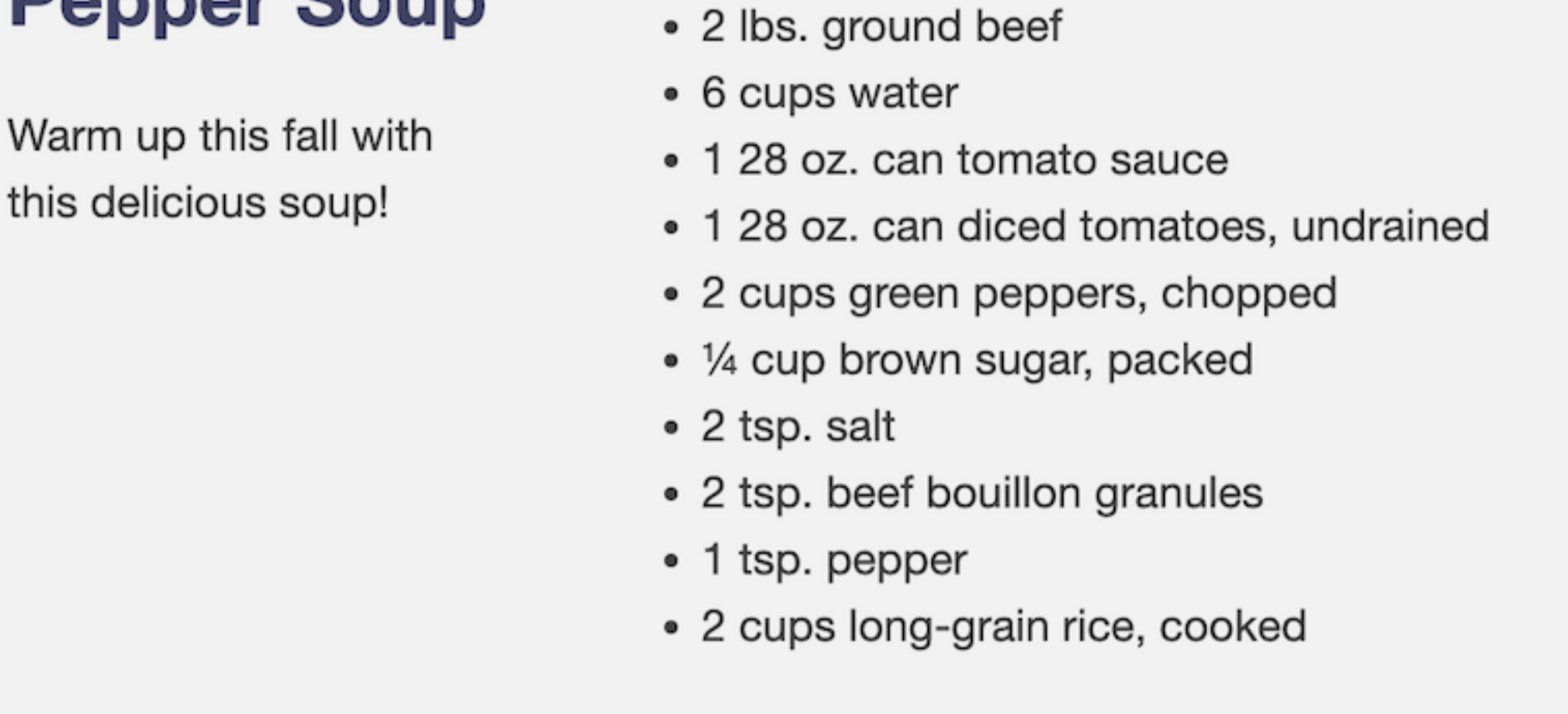
The Annual Villa Association Game Day

Residents recently attended the annual Villa Association Game Day!

This year's festivities featured an exciting Cornhole Tournament between the Lakeshore and Villa teams, with the Villa team emerging victorious by winning 2 out of 3 games. Attendees also enjoyed a cookout and participated in various games, including squirt gun marksmanship, bag toss, a memory game called "Simon," a golf challenge, and a coordination game known as "ring hook."

Events like Game Day foster a strong sense of community and strengthen bonds among neighbors. ❤️

What's Cooking at Copeland?



Stuffed Pepper Soup

Warm up this fall with this delicious soup!

Ingredients:

- 2 lbs. ground beef
- 6 cups water
- 1 28 oz. can tomato sauce
- 1 28 oz. can diced tomatoes, undrained
- 2 cups green peppers, chopped
- ¼ cup brown sugar, packed
- 2 tsp. salt
- 2 tsp. beef bouillon granules
- 1 tsp. pepper
- 2 cups long-grain rice, cooked

Optional Ingredients:

- Fresh parsley, chopped

Directions:

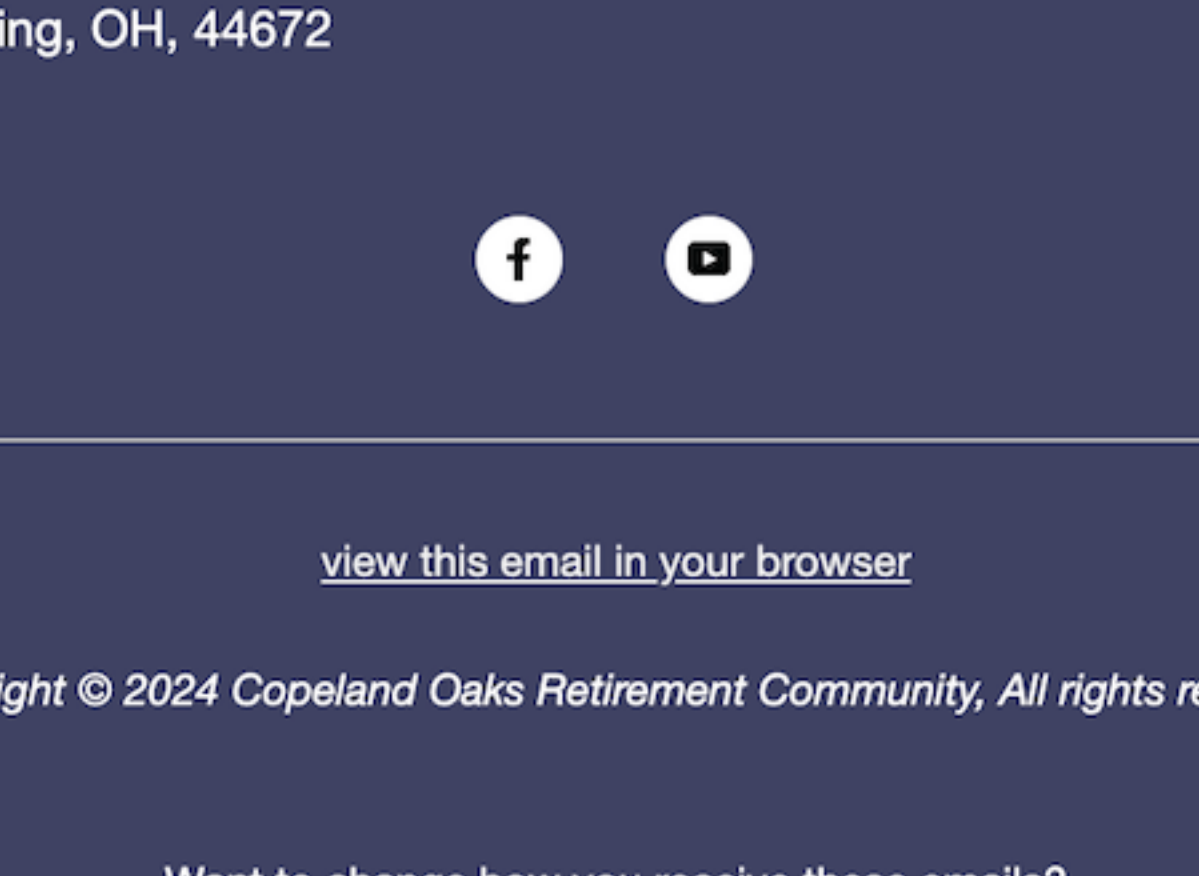
1. Place ground beef in a Dutch oven over medium heat.
2. Cook the beef, breaking it apart as it browns.
3. Once browned, drain the meat, and stir in the remaining ingredients, minus the rice (add in step 6).
4. Bring mixture to a boil.
5. Once a boiling temperature is reached, reduce heat and simmer uncovered until peppers are tender (around 30 minutes).
6. Add cooked rice and let simmer uncovered for 10 minutes.
7. If desired, sprinkle with chopped fresh parsley.
8. Serve and enjoy!

CALLING ALL COPELAND ASPIRING CHEFS AND BAKERS

Do you have a recipe you want to share? We'd love to feature it in our newsletter. Please submit your favorite recipes to the Marketing Office.

[Read All Recipes](#)

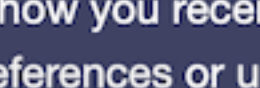
[Like us on Facebook!](#)



The Oaks Foundation | Crandall Medical Center | Schedule your visit

Copeland Oaks
800 South 15th Street
Sebring, OH, 44672

Call Us:
330-938-1093



[view this email in your browser](#)

Copyright © 2024 Copeland Oaks Retirement Community. All rights reserved.

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).

